

# How to Pray

~Matthew 6:9-15

P

## PRAISE

Acknowledge and express gratitude for what He has done in your life and the lives of others. "Our Father in heaven, hallowed be your name."

R

## REPENT

Take responsibility of sins you've committed and seek His forgiveness. "and forgive us our debts, as we also have forgiven our debtors."

A

## ASK

Ask for your needs to be met, or the needs of others. "Give us this day our daily bread..." "And lead us not into temptation, but deliver us from evil."

Y

## YIELD

Surrender your will to God's will, and trust His plans. "Your kingdom come, your will be done, on earth as it is in heaven."

"For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses."

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